



"San Diego Shoulder"

Presents:



Arthroscopy Arthroplasty Fractures

27th Annual San Diego Meeting

June 23-26, 2010

Register online at: www.shoulder.com

Course Chairman

James C. Esch, M.D.

Laboratories:

Cadaver Arthroscopy

Shoulder Model Arthroscopy

Open Reconstruction, Anatomy, and Arthroplasty

Skills Workshop:

Total Shoulder and Fracture-Fixation

Break-out Informational Workshops:

Shoulder Arthroscopy

Shoulder Arthroplasty

San Diego Shoulder Institute:
Celebrating 27 Years in Orthopaedic Educational Excellence

Preliminary Program



Course Description

The purpose of this intense, four-day course is to equip physicians with strategies to provide the highest level of analytical, diagnostic, and treatment practice modalities specific to shoulder arthroscopy, arthroplasty, and fracture management. Bringing together expert faculty, course content focuses on known best practice, latest technological advances, and evidenced based research related to shoulder care. Physicians will benefit directly from the following formats of educational interaction:

Lecture Sessions:

- Review assessment and diagnosis strategies, specific surgical techniques, treatment algorithms, prevention of complications, and recommendations to maximize patient outcomes
- Review latest evidenced-based research specific to shoulder care
- Observe surgical videos and receive instruction in current practice strategies

Panel Discussions:

- Learn from the experts during dynamic presentations of case studies and discussions
- Enhance your practice exposure by participation in interactive audience benchmarking sessions

Case-Based Discussions:

- New this year: Present your most complex case to our panel of experts.
- Participate in dynamic case-presentation discussions.
- Ascertain best-practice options.
- Recommended for participation: Submit 6 PPT image/video slides to SDSI prior to course. Include brief patient history, treatment, patient outcome and questions for panel. Ensure no patient identifiable information or company trade names are presented in slides. Presentations will be reviewed prior to presentation and are limited to 15 minutes per case.
- Use course registration form to register to participate.

Surgical Simulation:

- Watch recognized experts in the field perform surgical procedures.
- Glean tips and strategies to improve your surgical technique.

Skills-Based Training:

Laboratories/Workshop: Receive individualized instruction in a mock surgical environment. Customize your learning experience based on identified educational goals. Benefit from our expert faculty who will provide specific feedback to help improve practice.

- **Arthroscopy Model Laboratory:** Held Wednesday morning, this laboratory allows participants to select specific equipment to enhance arthroscopy expertise. The session is customized based on identified learning goals of participants. Instructors will teach the steps of shoulder arthroscopy using shoulder models. Arthroscopic cameras, anchors, and repair instruments are provided to perform a complete procedure. Two registrants are assigned per model.
- **Cadaver Arthroscopy Laboratory:** Held at UCSD Medical School on Friday morning and afternoon, this laboratory allows participants to actively perform an arthroscopy procedure on a cadaver specimen. Expert faculty guide students in essential diagnostic and operative techniques. Sessions are customized based on individualized learning goals and current skill level. Two registrants assigned per station. Enrollment is limited to 76 registrants per session. An instructor is available for every 4 registrants.
- **Cadaver Anatomy, Open Reconstruction, and Arthroplasty Laboratory:** Held at UCSD Medical School on Saturday, specimens are provided for hands-on dissection, open reconstructive techniques, and/or arthroplasty in groups of three-six persons. Session is customized based on learning goals. Expert faculty provides individualized instruction.
- **Shoulder Arthroplasty and Fracture Fixation Workshop:** Held Wednesday evening, this session demonstrates current techniques to treat shoulder arthritis and trauma. Participants are exposed to multiple equipment options to practice arthroplasty and fracture fixation techniques.

Break-out Informational Workshops:

Workshop sessions are designed to expose attendees to the latest technological advances in the industry. Lunch included with lunch-time session attendance.

- **Arthroscopy Workshop:** Held Thursday, attendees will select specific equipment to view latest advances in shoulder arthroscopy.
- **Arthroplasty Workshop:** Held Friday, attendees will select specific equipment to review current technological advances and surgical techniques in shoulder arthroplasty.

COURSE OBJECTIVES

Lecture Objectives:

Upon completion of this CME activity, participants will be able to:

- Identify strategies to improve outcomes of shoulder arthroplasty, arthroscopy, reverse total shoulder prosthesis, and shoulder fractures.
- Identify options for the treatment of complex shoulder disorders.
- Identify approaches for physical examination, diagnosis, treatment, and rehabilitation of the shoulder.
- Identify strategies for improved surgical techniques and use of appropriate technology in the treatment of shoulder disorders.

Laboratory/ Workshop Objectives:

Upon completion of this CME activity, participants will be able to:

- Discuss specific steps to perform a complete procedure as covered in the laboratory/ workshop.
- State specific strategies that will be implemented in the practice setting as a result of laboratory/ workshop participation.

Faculty

Course Director: **James C. Esch, M.D.** Assistant Clinical Professor / Department of Orthopaedics / University of California, San Diego, School of Medicine / Orthopaedic Specialists of North County Oceanside, CA / San Diego Shoulder Institute, President

- Stephen P. Abelow, M.D.**
South Lake Tahoe, CA
- Jeffrey S. Abrams, M.D.**
Princeton, NJ
- Robert Afra, M.D.**
San Diego, CA
- Gregory M. Alberton, M.D.**
San Diego, CA
- Laura A. Alberton, M.D.**
San Diego, CA
- Christopher Alexander, M.D.**
Temecula, CA
- Richard L. Angelo, M.D.**
Kirkland, WA
- Christopher T. Behr, M.D.**
San Diego, CA
- Pascal Boileau, M.D.**
Nice, France
- Frank Bonnarens, M.D.**
Louisville, KY
- James M. Bried, M.D.**
San Diego, CA
- Don A. Buford, Jr., M.D.**
Dallas, TX
- Stephen S. Burkhart, M.D.**
San Antonio, TX
- C. Kelly Bynum, M.D.**
Montrose, CO
- William J. Ciccone II, M.D.**
Phoenix, AZ
- Ryan Dopirak, M.D.**
Manitowoc, WI
- Ben DuBois, M.D.**
San Diego, CA
- William Eves, M.D.**
Chula Vista, CA
- Larry D. Field, M.D.**
Jackson, MS
- Mark A. Frankle, M.D., FACS**
Tampa, FL
- Jan Fronек, M.D.**
San Diego, CA
- Mark Getelman, M.D.**
Van Nuys, CA
- Richard Greenfield, M.D.**
San Diego, CA
- Sean Grey, M.D.**
Fort Collins, CO
- R. Michael Gross, M.D.**
Omaha, NE
- Stefano Gumina, M.D.**
Rome, Italy
- Dyson Hamner, M.D.**
San Diego, CA
- Kevin P. Hansen, M.D.**
Roseville, CA
- Andrew P. Hartman, M.D.**
Oceanside, CA
- James A. Helgager, M.D.**
Oceanside, CA
- Heinz Hoenecke, M.D.**
San Diego, CA
- Robert E. Hunter, M.D.**
Tucson, AZ
- Norman Kane, M.D.**
Oceanside, CA
- Daniel Keefe, M.D.**
La Jolla, CA
- Sumant G. "Butch" Krishnan, M.D.**
Dallas, TX
- John Lane, M.D.**
San Diego, CA
- Evan Lederman, M.D.**
Phoenix, AZ
- Robert Litchfield, M.D.**
London, Ontario, Canada
- Ian K. Lo, M.D., FRCSC**
Calgary, Alberta, Canada
- Gregory J. Loren, M.D.**
Encinitas, CA
- William F. Luetzow, M.D.**
La Jolla, CA
- Neil J. Maki, M.D.**
Thibodaux, LA
- Stuart C. Marshall, M.D.**
La Jolla, CA
- Eric McMillan, M.D.**
Turlock, CA
- Virgil Medlock, M.D.**
Dallas, TX
- Francis X. Mendoza, M.D.**
New York, NY
- Matt Meunier, M.D.**
San Diego, CA
- John W. Miles III, M.D.**
San Diego, CA
- Timothy S. Mologne, M.D.**
Appleton, WI
- Jonathan J. Myer, M.D.**
San Diego, CA
- Wesley M. Nottage, M.D.**
Laguna Hills, CA
- William M. Ohara, M.D.**
San Diego, CA
- Robert Pace, M.D.**
Fallbrook, CA
- Michael Pearl, M.D.**
Los Angeles, CA
- Robert A. Pedowitz, M.D., Ph.D.**
Los Angeles, CA
- Carlos Prietto, M.D.**
Orange, CA
- Miguel Prietto, M.D.**
Orange, CA
- Matthew Provencher, M.D., CDR, MC, USNR**
San Diego, CA
- Benjamin D. Rubin, M.D.**
Orange, CA
- Richard K.N. Ryu, M.D.**
Santa Barbara, CA
- Raymond Sachs, M.D.**
San Diego, CA
- William E. Schobert, M.D.**
Mission Viejo, CA
- James Shankwiler, M.D.**
Los Angeles, CA
- Michael Skyhar, M.D., FACS**
Encinitas, CA
- Stephen J. Snyder, M.D.**
Van Nuys, CA
- John W. Sperling, M.D., MBA**
Rochester, MN
- Patrick St. Pierre, M.D.**
Rancho Mirage, CA
- Erik Stark, M.D.**
Oceanside, CA
- William B. Stetson, M.D.**
Burbank, CA
- Russell J. Striff Jr., M.D.**
Sayre, PA
- Howard J. Sweeney, M.D.**
Glenview, IL
- James P. Tasto, M.D.**
San Diego, CA
- Tom D. Thomas, M.D.**
Mission Viejo, CA
- Nikhil N. Verma, M.D.**
Chicago, IL
- Jon J.P. Warner, M.D.**
Boston, MA
- Stephen C. Weber, M.D.**
Sacramento, CA
- Peter B. Wile, M.D.**
San Diego, CA
- Donald A. Wiss, M.D.**
Valencia, CA
- Edmond P. Young, M.D.**
San Diego, CA

Course Coordinator: **Rebecca Quiring** San Diego Shoulder Institute, Oceanside, CA

Surgical Skills Coordinator: **Amanda Moore, R.N.** San Diego Shoulder Institute, Oceanside, CA

CME Consultant: **Larky Blunck, R.N.** San Diego Shoulder Institute, Oceanside, CA

7:00 am - 7:00 pm Course Registration

8:00 am - 12:00 noon:

Shoulder Model Arthroscopic Surgery Laboratory at Hyatt Hotel**Pre-Registration Required**8:00 a.m. **Model Lab Title**

Arthrex
ArthroCare
Biomet
Linvatec
Mitek
Smith & Nephew
Stryker
Tornier

Lab Director:

Stephen Burkhart, M.D.
Jeffrey Abrams, M.D.
Frank Bonnarens, M.D.
Don A. Buford, M.D. / Ryan Dopirak, M.D.
Richard Angelo, M.D./ Mark Getelman, M.D.
Gregory Alberton, M.D. / Nikhil Verma, M.D.
Robert A. Pedowitz, M.D., Ph.D.
TBA

12:00 noon **Lunch on your own****Shoulder Arthroplasty***Moderator: James A. Helgager, M.D.*12:55 Welcome: Shoulder Arthroscopy, Arthroplasty, and Fractures 2010
James C. Esch, M.D.1:05 What We Can Learn From Complications: Primary Arthroplasty
Jon J.P. Warner, M.D.1:20 Case Presentation #1: Osteoarthritis Perspective
Gregory Alberton, M.D.1:25 Technique for Total Shoulder Replacement
Jon J.P. Warner, M.D.1:40 Humeral Fixation: Variables for Success
Robert Litchfield, M.D.1:55 Glenoid Exposure
Heinz Hoenecke, M.D.2:10 Glenoid Problems Including Dysplasia
Robert Litchfield, M.D.2:25 Osteoarthritis: Elements in Treatment Decisions
Sumant G. "Butch" Krishnan, M.D.2:40 Preventing Nerve Injuries in Shoulder Surgery
Raymond Sachs, M.D.2:55 Case Presentations: Panel Discussion with Audience Response
Heinz Hoenecke, M.D.3:25 **Refreshments****Chondrolysis/ Reverse Shoulder Arthroplasty***Moderator: Norman Kane, M.D.*3:55 Case Presentation #2: Chondrolysis
Andrew Hartman, M.D.4:00 Chondrolysis in the Young Person
Stephen Weber, M.D.4:15 Results of Chondrolysis Treatment
Mark Frankle, M.D. FACS4:30 What We Can Learn From Complications: Reverse Total Shoulder Arthroplasty
Pascal Boileau, M.D.4:45 Indications and Technique of Reverse Total Shoulder Replacement
Sean Grey, M.D.5:00 Using the Reverse Total Shoulder For Difficult Problems
Mark Frankle, M.D., FACS5:15 Management of Bone Loss in Arthroplasty
Jon J.P. Warner, M.D.5:30 Panel Discussion: Case Presentations with Audience Response System Followed by
Audience Questions and Answers
Raymond Sachs, M.D.6:00 **Dinner Buffet - Course Registrants Only****Total Shoulder & Fracture Fixation Equipment Workshops**7:00 - 9:00 Open Session: Pre-Registration is **Not** Required

Arthrex	...Lederman	Exactech	...Wright
Arthrosurface	...Mologne	Smith & Nephew	...Mendoza
Ascension	...TBA	Stryker	...TBA
Biomet	...Bonnarens	Synthes	...Hartman
DePuy	...Weber	Tornier	...Boileau/Krishnan
DJO Surgical	...Frankle	Zimmer	...Warner

9:00 pm **Adjourn**

THURSDAY, June 24, 2010

7:00 am Registration – Continental Breakfast – Exhibits

Instability

Moderator: Russell Striff, M.D.

- 7: 55 Today's Plan/ The Value of Learning
James C. Esch, M.D.
- 8:05 Case Presentation #3: Instability
Matthew T. Provencher, M.D., CDR, MC, USNR
- 8:10 Arthroscopic Journey in Instability Pathology
Matthew T. Provencher, M.D., CDR, MC, USNR
- 8:25 Acute Instability Treatment Options Including Bracing
Robert Litchfield, M.D.
- 8:40 Arthroscopic Repair and Reconstruction of Complex Anterior Instability Pathologies
Stephen Snyder, M.D.
- 8:55 Pitfalls in Arthroscopic Shoulder Instability Repair: What Not to Miss and How to Get Out of Trouble
Matthew T. Provencher, M.D., CDR, MC, USNR
- 9:10 Interactive Model Demonstration: Panel Interaction
James C. Esch, M.D.

9:25 Refreshments/Visit Exhibits

Moderator: Gregory Alberton, M.D.

- 9:55 Case Presentation #4: Complex Instability
James C. Esch, M.D.
- 10:00 Bone Loss: Remplissage and/ or Latarjet?
Stephen Burkhart, M.D.
- 10:15 Decision Making for Instability: Bone vs. Soft Tissue Solutions
Jon J.P. Warner, M.D.
- 10:30 What To Do When the First Instability Surgery Fails
Jeffrey Abrams, M.D.
- 10:45 Posterior Instability
Larry Field, M.D.
- 11:00 Complication and Treatment Strategies for Instability Surgery Problems
Timothy Mologne, M.D.
- 11:15 Is Open or Arthroscopic the Best Approach for Shoulder Instability?
Jeffrey Abrams, M.D.
- 11:30 Case Presentations: Labrum Cases with Audience Response System
Richard K.N. Ryu, M.D.

11:50 Adjourn

12:00 - 1:30 pm Shoulder Arthroscopy Workshops

Limited space available: Lunch provided in lunch-time workshop session.
Register On Site. Pre-Registration is **Not** Required.

In lieu of attending a shoulder arthroscopy workshop session: Lunch on your own

Visit Exhibits

Rotator Cuff

Moderator: Robert Pace, M.D.

- 2:00 Case Presentation #5: Rotator Cuff Repair and Essentials for RCR
Robert Hunter, M.D.
- 2:15 Evidenced Based Medicine and Rotator Cuff Repair: Does it Work?
Robert A. Pedowitz, M.D., Ph.D.
- 2:30 Shoulder Model Demonstration: How I Do a Single Row Cuff Repair
Stephen Snyder, M.D. Case Moderator: Richard L. Angelo, M.D.
- 2:45 Shoulder Model Demonstration: How I Do a Double Row Cuff Repair
Stephen Burkhart, M.D. Case Moderator: Jeffery Abrams, M.D.
- 3:00 Partial Thickness Rotator Cuff Tears: Observe or Operate
Ian Lo, M.D.
- 3:15 Refreshments/Visit Exhibits
Moderator: Heinz Hoenecke, M.D.
- 3:45 Panel Discussion with Audience Response: Partial Thickness Rotator Cuff Tears
Richard L. Angelo, M.D.
- 4:00 Arthroscopic Transosseous Cuff Repair: Latest Advances
Sumant G. "Butch" Krishnan, M.D.
- 4:15 The Anterosuperior Rotator Cuff Tear
Jeffrey Abrams, M.D.
- 4:30 Suprascapular Neuropathy: How Common Is it?
Jon J.P. Warner, M.D.
- 4:45 TBA
- 5:00 Case Presentations with Audience Response System: Rotator Cuff
Audience Questions and Answers
Stephen Snyder, M.D.

5:30 Adjourn

5:30 - 7:00 p.m. Chairman's Reception

FRIDAY, June 25, 2010

7:00 am Registration – Continental Breakfast – Exhibits Open 7:00 a.m.-10:00 a.m.

Cadaver Arthroscopic Surgery Laboratories

Limited Registration – Pre-registration Required

Morning Cadaver Arthroscopy Lab (UCSD)

8:00 am Bus to UCSD: Depart from hotel lobby entrance

8:30 am Cadaver Arthroscopic Surgery Laboratory
Director: William B. Stetson, M.D.

12:00 noon Lab ends

Afternoon Cadaver Arthroscopy Lab (UCSD)

1:00 pm Bus to UCSD: Depart from hotel lobby entrance

1:30 pm Cadaver Arthroscopic Surgery Laboratory
Director: Gregory Alberton, M.D.

5:00 pm Lab ends / Adjourn

Shoulder Rehabilitation

Moderator: James Tasto, M.D.

8:00 a.m. **Providing Optimal Rehabilitative Care: From Pathology to Rehabilitation and Beyond**
Matthew T. Provencher, M.D., Benjamin D. Rubin, M.D.

This session provides dynamic physical assessment, case presentations, and guidelines for physical examination, treatment, and long-term care to maximize patient outcomes

9:15 **Refreshments/Visit Exhibits**

9:45 Session Continues

12:00 **Adjourn**

12:15 p.m.-1:45 p.m.

Shoulder Arthroplasty Workshops

Limited space is available. Lunch provided in lunch-time workshop session.

Register On Site. Pre-Registration is **Not** Required

In lieu of attending a shoulder arthroplasty workshop session: Lunch on your own

Moderator: James Tasto, M.D.

2:00 p.m. **Improving your Practice: Case Presentations (Main Lecture Hall)**

Jeffrey Abrams, M.D., Stephen Burkhart, M.D., Andrew Hartman, M.D.,
Robert Pedowitz, M.D., Matthew Provencher, M.D., CDR, MC, USNR,
Stephen Snyder, M.D.

Learn from the experts! Bring your most challenging case to present to our expert panel.
Topics include: Arthroplasty, fracture treatment, instability, rotator cuff repair, biceps, SLAP,
frozen shoulder, and more.....

Recommended for participation: Submit 6 PPT image/video slides to SDSI prior to course.
Include brief patient history, treatment, patient outcome and questions for panel. Ensure no patient
identifiable information or company trade names are presented in slides. Presentations will be
reviewed prior to presentation and are limited to 15 minutes per case.

**Pre-registration required to present cases. Specific session participation details provided
with course registration confirmation. All welcome to listen and learn!**

5:00 **Adjourn**

SATURDAY, June 26, 2010

7:00 a.m. Continental Breakfast – Exhibits

Fractures, Complications, Advanced Practice Issues

Moderator: Stuart Marshall, M.D.

- 7:45 Practicing With Cultural Awareness
James C. Esch, M.D.
- 8:00 Case Presentation #6: Proximal Humerus Fractures: Has Locked Plating Solved the Problem?
Donald Wiss, M.D.
- 8:15 Case Presentation # 7: The Role of Arthroplasty in Proximal Humerus Fractures
Pascal Boileau, M.D.
- 8:30 Making the Best Alternative Choices: To Pin, To Rod, To Nail
Sumant G. "Butch" Krishnan, M.D.
- 8:45 Case Presentation #8: Clavicle Fractures in 2010
Donald Wiss, M.D.
- 9:00 Case Presentations/ Panel Discussion: Shoulder Fractures
Evan Lederman, M.D.
- 9:30 Treatment Strategies for Arthroplasty Infection
John Sperling, M.D., MBA
- 9:45 Anatomical Exposures For Shoulder Surgery
Evan Lederman, M.D.

10:00 Refreshments/Visit Exhibits

Moderator: Andrew Hartman, M.D.

- 10:30 Iatrogenic Capsulorrhaphy Arthropathy
John Sperling, M.D., MBA
- 10:45 Proximal Biceps Pathology and Treatment
Larry Field, M.D.
- 11:00 Biceps Tenodesis
Nikhil Verma, M.D.
- 11:15 Tissue Patches for Massive Cuff Tears
John Sperling, M.D., MBA
- 11:30 Continuing Medical Education: Are We Learning Anything?
Robert Afra, M.D.
- 11:45 Panel Discussion with Audience Response and Audience Questions
Jeffrey Abrams, M.D.
- 12:15 Tying It All Together: Taking What We've Learned Into Practice
James C. Esch, M.D.

12:30 Adjourn

12:30 - 1:30 pm: **Luncheon for Anatomy, Open Reconstruction, and Arthroplasty Laboratory Registrants Only**

1:45 Bus to UCSD: Depart from hotel lobby entrance

2:00 **Cadaver Laboratory (UCSD)
Anatomy – Open Reconstruction – Arthroplasty
Pre-Registration Required**

4:30 **Adjourn**

Tuition

The physician registration fee for lectures is \$1250. This includes lectures, breakfast, reception, workshops, course syllabus and other handout material.

The Wednesday morning Model Lab, the Friday Cadaver Arthroscopic Surgery Labs, and the Saturday Anatomy, Open Reconstruction, Arthroplasty Lab require a separate registration fee.

Refund

A registration refund will be made upon written request prior to June 11, 2010, however, \$100 will be retained for administrative costs. No refunds will be made for cancellation after June 11, 2010, however a set of course DVD's and course syllabus will be mailed to those individuals.

No refunds will be made on lab cancellations after June 18, 2010.

CME ACCREDITATION

This activity has been planned and implemented in accordance with the Accreditation Council for Continuing Medical Education (ACCME) and the American Medical Association (AMA) standards. San

Diego Shoulder Institute is accredited by the ACCME to provide continuing medical education for physicians. San Diego Shoulder Institute takes responsibility for the content, quality, and scientific integrity of this CME activity.

San Diego Shoulder Institute designates this educational activity for a maximum of 37.5 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

CME credits for this course are calculated as follows:

Lectures: 22 AMA PRA Category 1 Credits™

Total Shoulder and Fracture Fixation Workshop: 2 AMA PRA Category 1 Credits™

Shoulder Model Lab: 4 AMA PRA Category 1 Credits™

Cadaver Arthroscopic Surgery Lab: 3.5 AMA PRA Category 1 Credits™ per lab

Anatomy, Open Reconstruction, Arthroplasty Lab: 2.5 AMA PRA Category 1 Credits™

Note: an individual may take two different cadaver arthroscopic surgery labs to maximize their learning experience.



San Diego Shoulder Institute is an approved International Society of Arthroscopy, Knee Surgery, and Orthopaedic Sports Medicine (ISAKOS) Teaching Center. Please notify our registration staff if you are interested in completing an ISAKOS evaluation form or obtaining ISAKOS certification for this course.

Acknowledgment

San Diego Shoulder Institute acknowledges the University of California, San Diego School of Medicine for laboratory assistance in this course

Accommodations for Individuals with Disabilities

San Diego Shoulder Institute complies with the Americans with Disabilities Act.

Should you need any special assistance, please contact Rebecca Quiring, Course Coordinator. Every reasonable effort will be made to accommodate your needs.

Registration and Check In

Tuesday, June 22, from 3:00 p.m. – 6:00 p.m.

Wednesday, June 23, from 7:00 a.m. – 6:00 p.m.

Thursday, June 24, from 7:00 a.m. – 5:00 p.m.

Friday, June 25, from 7:00 a.m. – 4:00 p.m.

Course Information

For additional information contact the Course Coordinator, Rebecca Quiring (760) 940-2066 / Fax (760) 940-6110 • email: rebeccaq2@cox.net

Register online at www.shoulder.com

PROGRAM REGISTRATION, 2010

Please Complete and Return this Form or Register Online at: www.shoulder.com

Name	First							Last						Title		
Address																
City									State				Zip			
Country																
Telephone									Fax							
Email Address																

Registration for Lectures: Choose One

Includes Wednesday Evening Workshops

- Physicians \$1250.00
- Resident/Fellow (Letter from Chief of Service Required) \$650.00
- Allied Health: \$650.00

Friday Case Presentations (Main Lecture Hall) n/c
 2:00 p.m. - 5:00 p.m. I would like to submit a case to be considered for the Friday afternoon case presentation discussion. Please send detailed information regarding submission requirements. (See Course Description page for session information.)

Registration for Labs

To help make accurate lab assignments please estimate the number of shoulder arthroscopies you have performed:
 _____ **0-25** _____ **25-75** _____ **75-150** _____ **Over 150**

Partner Request: _____

List name if okay with partner and you are at similar skill levels.

Select time/day for your lab choices below:

The Model Lab runs 4 hours. The Cadaver Arthroscopic Surgery labs run 3.5 hours each. The Saturday Anatomy, Open Reconstruction, Arthroplasty Lab runs 2.5 hours.

Model Lab

Choose day(s), List equipment choices 1-3 and indicate knot tying level.

I need help with arthroscopic knots: YES NO

- Wednesday 8:00a.m. - 12:00noon \$250
- Arthrex Biomet Linvatec Smith & Nephew
 ArthroCare Mitek Stryker Tornier

Cadaver Arthroscopic Surgery Labs

Choose a.m., p.m. or both and what you would like to work on in the lab. Also note your specimen surgical position preference.

- Friday 8:30a.m. - 12:00noon \$550
- Friday 1:30p.m. - 5:00p.m. \$550

Specimen Position: No Preference Lateral Position Beach-Chair Position

- I am beginning shoulder arthroscopy
- I am doing subacromial decompressions, but have good and bad days. I want to do this procedure in the lab. (You can move on to arthroscopic instability or cuff repairs if there is time.)
- I am doing subacromial decompressions with ease. I want to work on arthroscopic instability repairs. (You can move on to arthroscopic rotator cuff repairs if there is time.)
- I am doing instability repairs with ease. I want to work on arthroscopic rotator cuff repairs.

Saturday Anatomy, Open Reconstruction, Arthroplasty Lab \$100.00
 2:00 p.m. - 4:30 p.m.

Please choose the area you would like to begin. You may go to another area after you have completed your first goal.

- Anatomical Dissection of the Shoulder
- Open Bankart Repair
- Mini-Open Rotator Cuff Repair
- Total Shoulder

For Total Shoulder, list company choices 1-3

- Arthrosurface Biomet DePuy DJO Surgical Exactech
 Smith & Nephew Stryker Tornier Zimmer

DVD: San Diego Shoulder Course 2010

The 2010 Course lectures on DVD are offered at a reduced price with free shipping for course registrants.

- DVD: 2010 Course \$250.00

CA residents include 8.25% sales tax (\$20.63) and San Diego County residents add 8.75% sales tax (\$21.88) to DVD orders.

Total Course Fee \$ _____

Check Enclosed VISA MASTERCARD # _____

Credit Card Security Code (3-Digit number on back of card) _____

Signature _____ . Expiration Date _____

Don't miss the opportunity to have all of this valuable information on DVD.

ORDER YOUR DVD NOW!

To be delivered mid October 2010

DVD CME ACCREDITATION

This activity has been planned and implemented in accordance with the Accreditation Council for Continuing Medical Education (ACCME) and the American Medical Association (AMA) standards. San Diego Shoulder Institute is accredited by the ACCME to provide continuing medical education for physicians. San Diego Shoulder Institute takes responsibility for the content, quality, and scientific integrity of this CME activity. San Diego Shoulder Institute designates this educational activity for a maximum of 22 *AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

DVD Date of Release: 10/01/10

DVD Expiration Date: 10/01/12

Learning Objectives

At the completion of this DVD course, participants will be able to:

1. Identify strategies to improve outcomes of shoulder arthroscopy, arthroplasty, reverse total shoulder prosthesis, and shoulder fractures.
2. Identify options for the treatment of complex shoulder disorders.
3. Identify approaches for physical examination, diagnosis, treatment, and rehabilitation of the shoulder.
4. Identify strategies for improved surgical techniques and use of appropriate technology in the treatment of shoulder disorders.

ORDER FORM

2010 Arthroscopy, Arthroplasty, Fractures DVD

(PLEASE PRINT)

DVD \$600

CA Residents Include 8.25% sales tax (\$49.50)

San Diego County Residents

Include 8.75% sales tax (\$52.50)

Please add shipping as follows:

Shipping U.S. (except Alaska, Hawaii & Puerto Rico) \$25

Shipping to Alaska Hawaii, & Puerto Rico \$100

Shipping Outside U.S. \$100

Total \$ _____

Check enclosed *payable to:*
San Diego Shoulder Institute

Visa MasterCard Exp. Date _____

Credit Card Security Code (3-Digit number on back of card)

Signature _____

Please bill me.

Name _____

Address _____

City _____

State _____ Zip _____

Country _____

Phone (_____) _____

Fax (_____) _____

Email: _____

Mail to: Rebecca Quiring
San Diego Shoulder Institute
3905 Waring Road
Oceanside, CA 92056
(760) 940-2066 • Fax (760) 940-6110

Hotel Reservations

Hyatt Regency La Jolla at Aventine

3777 La Jolla Village Drive • San Diego, California 92122

☎(800) 233-1234 or (858) 552-1234

Rooms can be reserved at the Hyatt Regency La Jolla online at www.shoulder.com, or by calling the Hyatt at one of the phone numbers above. We are pleased to be able to offer the group rate of \$213 for a single/double, \$288 for the Regency Club and \$399 for a Petite Suite. Group rates available until May 14, 2010; subject to availability.

A little info about the Hyatt Regency La Jolla at Aventine.

The Hyatt Regency La Jolla at Aventine is San Diego's landmark destination and an AAA 4-Diamond winner. Our 419-room luxury hotel has consistently ranked in the top 10 of Hyatt Hotels and Resorts in guest satisfaction. Designed by renowned architect Michael Graves, the hotel is dramatic in style and visibility with a Mediterranean theme throughout. The hotel is located in the upscale resort community of La Jolla, otherwise known as the "Jewel of the Pacific." La Jolla offers a shopper's paradise of unique boutiques, art galleries, and some of the most outstanding dining. Torrey Pines Golf Course, Sea World, The San Diego Zoo and Legoland are also nearby.

- ❖ The Hyatt Regency La Jolla features beautifully renovated guest rooms with vibrant new soft goods and interior decor.
- ❖ Our 11-acre Aventine Property features the Sporting Club, an award winning 32,000 square foot fitness and spa center. We also feature (4) award-winning Internationally themed restaurants ranging from Cafe Japengo (Pacific Rim), Flemings (traditional steakhouse and wine bar), The Melting Pot (French fondue) and Trulucks which features 100% stone crab prepared with a non-traditional twist, tender, juicy steaks grilled to perfection and over 100 wines by the glass.
- ❖ The pool grounds feature a relaxing jacuzzi as well as an outdoor pool with lap-swim lanes and a general-use area. The poolside patio offers cabanas and a Grill open in the summer.
- ❖ In-room amenities include complimentary coffee & coffee maker, iron & full-size ironing board, hair dryer, two dual-line phones with dataport access & speakerphone capabilities, 42" flat screen TV, and more. Complimentary bathrobes and turndown service available upon request.
- ❖ Wired or wireless high-speed internet access available at an additional fee.
- ❖ On site business center offers self service access.
- ❖ Optional Regency Club upgrade offers access to the private concierge-level Regency Club Lounge for complimentary breakfast, afternoon snacks, and evening hors d'oeuvres.

Travel

American Airlines has been selected as the designated airline of the San Diego Shoulder Course. Please call American Airlines at (800) 433-1790 or visit www.AA.com and refer to Authorization #A1360AZ to receive discounted airline tickets. To receive a car rental discount contact Avis at (800) 331-1600 or www.avis.com and refer to Avis World Discount Number D086593.

Transportation to Hotel

Driving - Interstate 5, exit eastbound on La Jolla Village Drive.

The hotel is 1/4 of a mile on your right.

Airport - Taxicabs are available for a 20 minute ride.

(Cloud 9 Shuttle has a special rate.)

Golf

Golf is available at San Diego courses before and after the meeting.

The Hyatt concierge will be happy to assist you with tee times and other arrangements.



San Diego Shoulder Institute

3905 Waring Road
Oceanside, CA 92056

PRSRT STD

U.S. POSTAGE PAID

ESCONDIDO, CA

PERMIT NO. 390

